Harness Chest Ascender Installation Instructions



Step 1Open harness trapezoid link and remove chest strap.



Step 2
Insert sewn loop end of strap onto trapezoid link. Slide buckle down along strap toward trapezoid link.



Step 3Attach chest strap to trapezoid link.



Step 4Feed strap through chest sternal D ring lower slot.



Step 5Attach chest ascender onto trapezoid link.



Step 6Feed strap through chest ascender from back to front.



Feed strap back through chest ascender sternal D ring lower slot.



Step 8Position strap and tension to begin insertion into buckle. Close trapezoid link and secure with wrench.



Step 9Insert strap into upper slot of buckle.



Step 10
Insert strap into lower slot of buckle.



Step 11
Insert strap up and through the upper slot of buckle. Any additional strap material can be carefully trimmed and heat sealed.



Insert rope into chest ascender for rope ascending techniques. Tighten chest strap for ascending mode.

Use